



Operation V2F

“Hood’s Ride for Five to Finish”

2 1/2 Day/60 Hour Ride

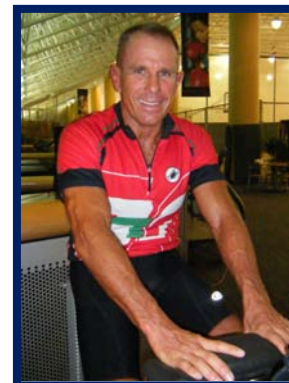
Fuel Sports Performance Training Center

(Located just east of the intersection at Weber Road and Caton Farm Road in Crest Hill, IL)

START: 7:00 PM, Wednesday, August 4th

END: 8:00 AM, Saturday, August 7th

(End time is approximate and contingent on breaks taken during ride)



Club members, guests and friends are invited to come and join George and the crew of “RideGeorgeRide” at the Fuel Sports Performance Training Center AT ANY HOUR during the training ride(s). **VOLUNTEERS ARE NEEDED** FOR CREW OPERATIONS and to help George get through the often brutal post midnight and early morning hours.

TO SIGN UP FOR A TIME SLOT ON THIS RIDE or for more information on sponsorship, donations or how YOU can be involved, please visit www.RideGeorgeRide.org or call 630-415-6222. You can also e-mail George at trainer4663@yahoo.com or Tinamarie at tinamre69@hotmail.com.

George is training for a re-attempt at the Guinness World Record for static “spin” cycling marathon. George last attempted this record in April, 2010 when he rode for 175 hours and came up short of the GWR record of 192 hours. Despite not setting a new GWR, George did raise nearly \$16,000.00 for Injured Marines and the Fox Valley United Way. George’s goal for this ride will be in excess of 8 days and he will ride in conjunction with a fundraiser for the Victory Baseball League in Crest Hill and a host of other charity groups yet to be identified.



George holds 3 GWR’s for various endurance events that were also fundraisers for other various charity organizations. Since January 2007, George has set 2 GWR’s on the stationary “spin” bike and raised nearly \$100,000.00 for charity groups. His reputation for such inspirational events is known worldwide. George’s previous record of 177 hours, 45 minutes was set in May, 2008. A new GWR of 192 hours was set in January, 2009 in Belgium. George, a retired DEA agent and former Marine, recently returned from Afghanistan where he was a law enforcement advisor and conducted counter-insurgency and security operations on behalf of the U.S. Marines in southern Afghanistan. George currently does vulnerability assessment consulting and he is also a certified personal trainer and “spin” cycling instructor.

George’s passion for using his talents on the “spin” bike and doing such ultra endurance events to raise money for worthwhile organizations reflects his commitment to doing the right thing to help others. The Fuel Sports Performance Training complex will host George’s world record endeavor as he “spins” his way into the record books on behalf of his great cause AND to keep this world record in the U.S.! Media presence throughout George’s training is possible due to the several “long rides” scheduled and the extreme nature of this ultra endurance event.

“Set Goals, Keep Score, Break Records....anything else is just exercise”- George E. Hood

